# Upper Township School District "Road Forward" Re-Opening Plan 2023-2024

(Updated January 2024)

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The UTSD has been awarded CARES money that will be used to purchase hardware, software, PPE and/or additional cleaning supplies.

### **Mission Statement**

The Upper Township School District developed a comprehensive re-opening plan for the 2022-2023 school year that satisfied and ensured compliance with the minimum standards detailed in the NJDOE's The Road Forward. The District is opening the 2023-2024 school year on September 6, 2023 and does not anticipate any school closings for temporary shut-downs due to COVID-related events.

#### **District Demographic Profile:** (2023-2024 School Year) (As of January 11, 2024)

Enrollment:	1365 students
% Female Students:	51
% Male Students:	49
% Economically Disadvantaged:	13
% Students with Disabilities:	19
% English Learners:	2
% Homeless Students:	0
% Students in Foster Care:	0
% White:	96
% Hispanic:	5
% African American:	3
% Other:	2
% Two or More Races:	3

# Re-opening Committee Information (2020-2021)

- 1. 252 Applicants
- 2. 113 Committee Members selected from EVERY stakeholder group
- 3. 13 Sub-Committees
- 4. Timeline of Work:

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a.	July 1-20:	Committee prep/work sessions.
b.	July 21-27:	Admin discusses survey results, reviews frameworks.
C.	July 23:	Committee summaries sent to committee members.
d.	July 23-26:	Second survey sent to stakeholders.
e.	July 25:	BOE receives framework and summaries.
f.	July 27:	Admin reviews framework, new results, makes edits.
g.	July 27:	BOE Meeting (6PM), official adoption of framework.
h.	July 28:	Superintendent communicates framework to public.
i.	Aug 3:	Final Option communicated to the public.
j.	August 3-31:	Admin creates schedules/protocols/procedures.

# Model of Instruction Offered 9/6/23 through 6/30/24 5 Full-Days of In-Person Learning (PK-8)

# **Re-Opening Planning**

#### 1. 2023-2024 School Year:

a. All students will attend In-Person school for 180 days in accordance with N.J.S.A.18A:7F-9 (or remote school ONLY if and when schools are required to shut down).

#### 2. Full-time Remote Learning Services (If needed and when permissible):

a. Policies have been modified to ensure that students are provided with full-time remote learning services and in accordance with NJDOE guidelines.

#### 3. Instructional Contact Time (N.J.A.C. 6A:32-8.3):

- a. Regardless of the option for learning, ALL STUDENTS in Grades PK-8 will be provided with at least <u>4 (four) Hours</u> of active instructional contact time per day.
- b. Active instructional contact time will include a combination of (if needed and when permissible):
  - i. In-Person Instruction.
  - ii. Synchronous Remote Instruction.
  - iii. Asynchronous Remote Instruction.
  - iv. Pre-recorded Remote Instruction.
  - v. Live Remote Instruction (Zoom).
  - vi. Independent Study/Reading/Practice.
- c. Teachers will provide work for students out due to illness, as needed.
- d. Whatever arrangements are made between the staff member and family will be acceptable. Once scheduled, students must have access to resources/materials/assignments in whatever form is practical for the age of the students.
- e. For all intents and purposes, teachers are to treat these situations as they do for students who miss school with the flu or a medical injury.

f. <u>IF.</u> a building or school is closed due to COVID-19, <u>THEN</u>, we will replicate "remote" instruction as we did last year or in some similar format.

#### g. Middle School Instruction

- Work will be sent home via Google Classroom (videos whenever possible). Students will have access to the work on the day it would be delivered in class.
- ii. Devices will be sent home, whenever needed.
- iii. Individual materials (i.e. independent reading books; math books) will be sent home, whenever needed.

#### h. ES Instruction

- Work will be sent home via Google Classroom (videos whenever possible). Students will have access to the work on the day it would be delivered in class.
- ii. Devices will be sent home, whenever needed.
- Individual materials (i.e. independent reading books; math books)
   will be sent home, whenever needed.

#### i. PS Instruction

- Work will be sent home via SeeSaw (videos whenever possible).
   Students will have access to the work on the day it would be delivered in class.
- ii. Devices will be sent home, whenever needed.
- Individual materials (i.e. independent reading books; math books)
   will be sent home, whenever needed.

#### 4. Transition Between Modes of Instruction:

a. Regardless of the option that will be in effect on the first day of school staff, students, and parents, will be ready to immediately transition into the needed and permissible models of instruction.

#### 5. Pandemic Response Teams:

a. In addition to the Re-opening Committee, Pandemic Response Teams have been created and will assist in the implementation of the overall plan if and when needed.

#### b. Primary School Pandemic Response Team

Principal: Jamie Gillespie
Preschool: Courtney Smith
Kindergarten: Jennifer Garwood

First Grade: Kim Rhodes
Second Grade: Kyle Dhyne
CST Member: Jill Clark

Counselor: Kathy Weatherby
Director of C&I: Danielle Procopio
Nurse: Nicole Steelman
Safety Personnel: Allen Matthews
Custodian: Steven Tirado

Parents: Gina Johnson, Chrissy Aiello, Michele Barbieri

#### c. Elementary School Pandemic Response Team

Principal: Andrea Urbano
Third Grade: Joyce O'Reilly
Fourth Grade: Liz Cook

Fifth Grade: Kate Bender

CST Member: Dia Bell Counselor: Nicole C

Counselor: Nicole Continisio
Director of C&I: Danielle Procopio
Nurse: Michelle Johnson
Safety Personnel: Allen Matthews
Custodian: Katelin Kelly

Parents: Kristina Evans, Chrissy Aiello, Michele Barbieri

#### d. Middle School Pandemic Response Team

Principal: Jeff Leek
Sixth Grade: Chris Ragan
Seventh Grade: Karen Volpe
Eighth Grade: Lauren Smith
CST Member: Beth Leap
Counselor: Tracey LeFever

Director of C&I:

Nurse:

Safety Personnel:

Danielle Procopio
Desiree Howell
Allen Matthews

Custodian: Brenda Demarest

Parents: Kerry Dietz, Chrissy Aiello, Michele Barbieri

#### **CONDITIONS FOR LEARNING**

#### **General Health and Safety**

- 1. ANY staff member or student identified as having a higher risk for severe illness from COVID-19 has been provided the following accommodations:
  - a. Access to additional PPE of their choice.
  - b. Access to isolated sections of the building.

# Classrooms, Testing, and Therapy Rooms

#### 1. Indoor Facilities/HVAC:

- a. ALL indoor facilities are in compliance with DOH/EPA/NJDOE rules and regulations.
- b. The District uses Brookaire high-efficiency quilted filters that are changed on at least a quarterly basis.
- c. HVAC systems operate with 20% outside air exchange unless the temperatures are cooler; systems can tolerate up to 100%.
- d. Daily readings are made for each unit and visual inspections on all parts are conducted at least once a week.
- e. All District buildings are climate-controlled and can be monitored on campus or remotely.

#### 2. Hand-Sanitizing Stations:

- ALL classrooms will contain hand-sanitizing stations that contain alcohol-based solutions that meet all DOH/CDC/NJDOE codes and percentages.
- ALL main offices, common entrances and exits will contain hand-sanitizing stations that contain alcohol-based solutions that meet all DOH/CDC/NJDOE codes and percentages.
- c. ALL nurse's offices, cafeterias, bathrooms and large common areas will contain hand-sanitizing stations that contain alcohol-based solutions that meet all DOH/CDC/NJDOE codes and percentages.

d. ALL bus drivers and riders will have access to alcohol-based hand sanitizers that meet all DOH/CDC/NJDOE codes and percentages.

#### 3. Hand-Washing Stations:

- a. ALL PK-2 classrooms contain hand-washing stations that include soap, water, and/or alcohol-based solutions.
- ALL bathrooms, gyms, cafeterias, science labs, and art rooms have handwashing stations that contain soap, water, and/or alcohol-based solutions.
- c. ALL students are encouraged to wash their hands BEFORE AND AFTER:
  - i. Lunch/Snack/Recess.
  - ii. Gym/Specials (when necessary).
  - iii. Working with manipulatives, microscopes, or other equipment.
  - iv. Switching room (when applicable).

#### 4. Regular Hand-Washing:

- a. ALL students are encouraged to wash their hands AFTER:
  - i. Using the restroom.
  - ii. Blowing their noses.
  - iii. Coughing or sneezing.
- b. Working with manipulatives, microscopes, or other equipment.
- c. Appropriate signage encouraging hand-washing and hand-sanitizing will be strategically placed throughout each building.

# **Transportation**

Students, drivers and other riders have the option to wear face coverings while on any bus or other District-owned vehicle.

#### 1. General Practices:

- a. During parent pick-up, NO adults will be allowed entry into the building; parents and staff will use KidAccount to match students with families.
- b. PPE will be available to any student or driver in need.
- c. Appropriate signage encouraging hand-sanitizing will be strategically placed on the bus.

#### 2. Best Practices for Cleaning/Disinfecting:

- a. ALL buses and District-owned vehicles will be cleaned after the last run or at night when possible.
- b. ALL buses and District-owned vehicles will be sprayed/wiped after every run when possible.
- c. ALL cleaning supplies and products will meet all DOH/CDC/NJDOE codes and percentages.

# Student Flow, Entry, Exit and Common Areas

# 1. Policies have been modified to include the process and locations of health screenings:

- a. If a child is presenting symptoms, he or she will not be permitted to ride the bus or enter school without the proper medical attention and clearance.
- b. If upon arrival a child is not feeling well, that child will be immediately sent to the nurse and the appropriate communication to involved parties will immediately follow.

#### 2. Physical Guides/Markings for Social Distancing:

- a. Appropriate signage encouraging social distancing will be strategically placed throughout each building.
- b. Students will eat in the café, other large spaces, and outside when possible.
- c. Students will be grouped and remain in groups for as much of the school day as possible.
- d. Student gatherings at carpet areas will maintain 1-3 feet of social distancing to the greatest extent possible.
- e. The use of gym lockers is not permitted (MS hallway lockers will be utilized on a limited basis).
- f. One-Direction hallways will be utilized and marked when needed.
- g. Students will be dismissed in a manner that allows for social distancing, as needed.

# <u>Screening, PPE, and Response to Students/Staff Presenting</u> Symptoms

- 1. ALL students, staff and visitors are permitted to wear face coverings during the school day and at any school event.
- 2. Policies and procedures for symptomatic students and staff include:
  - a. The Cape May County Department of Health will be receive reports on COVID cases as required.
  - b. If a parent notifies the school that their child tests positive for COVID, the nurse will follow up with recommendations following CDC and NJDOH guidance.

# **Contact Tracing**

- 1. While the District is no longer performing contact tracing as defined by the CDC, the following protocols will remain in place:
  - a. For identified students without symptoms, parents or guardians can keep students home for 5 days and students will be treated as we do for required isolations (no penalties).

# **Facilities Cleaning Practices**

- 1. In addition to existing cleaning and preventative maintenance protocols and procedures, the following actions will be in effect to mitigate the spread of infection:
  - a. PPE will be available to ALL staff and students if requested.
  - b. ALL classrooms, gathering spaces and main offices will have hand-sanitizing stations and/or sinks for hand-washing.
  - c. Daily, routine cleaning/disinfecting of high-contact surfaces will remain compliant with CDC guidelines.
  - d. Hallway bathrooms will be monitored/cleaned on an hourly basis, when possible.
  - e. Playground equipment will be monitored/cleaned on an hourly basis, when possible.
  - f. ALL classrooms will be cleaned and disinfected once staff and students have left the building.

- g. HVAC systems have been configured to maximize the reduction of cross-contamination and will be monitored throughout the day/evening.
- h. ALL cafeterias and eating spaces will be disinfected after every scheduled lunch and before the next session begins.

#### Meals

- 1. Scheduled lunches in the cafeterias and other large areas will be staggered to allow enough time to properly clean between sessions.
- Students will be able to order Virtual/Remote Learning meals online (when applicable) through our school website: <a href="www.upperschools.org">www.upperschools.org</a>. Any student requesting meals will receive 5 days of breakfast and lunch on Wednesdays. If required, transportation arrangements will be scheduled.
- 3. ALL students are encouraged to wash/sanitize hands BEFORE and AFTER:
  - a. Lunch/Recess.
  - b. Scheduled snack time.
- 4. Other protocols to mitigate the risk of infection:
  - a. Use other large areas/outdoors when possible.
  - b. Possible parent volunteers to assist in supervision.
  - c. Additional staff will be available to assist in cleaning/transitions, when possible.
  - d. NO food sharing.

# Recess/Physical Education/Music/Choir

- 1. Scheduled recess, other outdoor activities and music/choir classes will be staggered to allow enough time to properly clean between sessions (when possible):
  - a. Appropriate signage, tape, flags, and cones will be utilized to maintain social distancing whenever possible.
  - b. Playground equipment will be monitored/cleaned on an hourly basis (when possible).
- 2. ALL students are encouraged to wash/sanitize hands AFTER:
  - a. Recess.
  - b. PE class or outdoor playtime.
  - c. Before or after using an instrument or microphone.
- 3. Scheduled playground time and other outdoor activities will be staggered to allow enough time to properly clean between sessions and maintain social distancing whenever possible.

- 4. Staff and students are NOT permitted to use gym lockers.
- 5. Sharing of equipment will be minimized:
  - a. The sharing of items between students will be limited as much as possible.
  - b. Night custodians will disinfect any equipment and make it available for future use, when possible.
- 6. Specific Areas for Students
  - a. When possible, each cohort of students will travel and remain together.

#### Extra-curricular Activities and Use of Facilities Outside School Hours

- 1. Students participating in extracurricular activities will adhere to the following:
  - a. Face coverings may be worn at any time.
  - b. Social distancing will occur as much as possible.
  - c. Groups and clubs will meet in larger areas that allow for more social distancing to the greatest extent possible.
  - d. When necessary, students will wash/sanitize hands before and after an activity.
- 2. Use of facilities by outside organizations:
  - a. The use of District facilities by outside organizations will be limited during a pandemic.
  - ANY outside organization using District facilities will adhere to, and sign-off on, ALL protocols and procedures designed to mitigate the risk of infection.

# **Social Emotional Learning**

- 1. To coincide with the protection of physical health and safety, the following actions address how the District will support the social and emotional needs of our staff and students:
  - a. During the first two in-service days (all before the official start of school), meaningful opportunities will be scheduled for staff, students and parents to receive information and support, when necessary.
  - b. In the beginning of the school year, guidance counselors and other certified staff will initiate contact and schedule regular "check-ins" with

- students and staff in need of assistance. As a result of those interactions, additional counseling services will be scheduled as needed.
- c. In the beginning of the school year, staff will spend quality time with students in reviewing the protocols and procedures that will be associated with the 2023-2024 school year.
- d. Parents and guardians will be encouraged to review the information at home and immediately inform school officials if they witness any child experiencing a sign of social or emotional stress.
- e. Teachers will share age-appropriate literature, videos, media and/or social stories with students to reduce student anxiety and feelings of isolation.
- f. Classroom and/or building-level reward systems will be initiated to assist students in their transitions back to school.
- g. Amygdala stations, sensory paths, calming corners, and the like will be created and maintained whenever possible to assist students in their transitions back to school.
- h. Throughout the entire school year, our Resiliency Team will actively support all services and activities and will continue to become educated with contemporary paradigms and research-based pedagogies.
- Information on available community services (food banks, counseling, Perform Care, medical care, etc.) will be provided and accessible on the District website.

# **Multi-Tiered Systems of Support (MTSS)**

- 1. To coincide with the protection of the Physical, Emotional and Social health of our staff and students, the following actions address how the District will continue to support their academic needs:
  - a. I&RS (Intervention and Referral Services)
    - i. Expectations that best address behavior issues.
    - ii. Instructional activities targeted to address the learning gaps created from COVID-19.
  - b. Basic Skills Instruction
    - i. Improve the consistency of the monitoring and communication of academic progress.
    - ii. Increase access to manipulatives.

- iii. Use of larger spaces, more 1:1 and small group targeted instruction.
- iv. Reassignment of teachers to reduce overall class size.

#### c. Gifted and Talented

- i. Students will participate in similar projects and activities.
- ii. Additional assignments and programs will be implemented to reduce the level of boredom for remote learners.

# **Wraparound Supports**

- To coincide with the school-based services, wraparound services help to better address the academic, behavioral, and social-emotional needs of our students. To that end:
  - a. Increased communication with wraparound services will be actualized and allow for better coordination and economies of scale; ultimately improving access to the available academic, behavioral, social, and health services.

#### **Food Service and Distribution**

- 1. ALL meals will remain in compliance with the regulations set forth by the Departments of Agriculture and Health.
- 2. Lunch and breakfast will continue to be available for purchase for ALL students.

# **Quality Child Care**

- 1. To further assist our families during the pandemic, the following actions address how the District will continue to support child care challenges:
  - a. KEYS (before/aftercare program) WILL be in operation five days a week.
    - i. AM KEYS will operate from 7 9 AM.
    - ii. PM KEYS will operate from 3:45 5:30 PM.
    - iii. Activities will occur in the larger spaces of the building that allows more opportunities for social distancing.
    - iv. Activities will be planned outdoors as much as possible.
    - v. Staff/students may wear face coverings while in KEYS.

#### **LEADERSHIP AND PLANNING**

# **Scheduling**

- 1. The UTSD will return to school on September 6, 2023.
- 2. Class sizes for in-person learning will range from 18-26 students.
- 3. Daily attendance will be taken and recorded for all students.

# **Staffing**

- 1. In order for schools to open under any conditions, the following modifications have been made regarding staffing:
  - a. ALL staff will be provided with the necessary PPE and supplies, as applicable.
  - b. ALL staff will receive 2 days of in-service, prior to the official start of school, to achieve the following:
    - i. Receive updated information regarding the 2023-2024 school year.
    - ii. Participate in mandatory PD and training.
    - iii. Classroom set-ups.
    - iv. Receive any necessary PPE, technology, or materials.

#### **POLICY AND FUNDING**

# **Purchasing**

- 1. In order to reap the benefits of economies of scale and bulk purchasing, the District has partnered with many vendors who possess state contracts and/or participate in purchasing consortiums to provide the lowest possible pricing.
- 2. The COVID-19 pandemic has created additional financial burden in the following areas of operations:
  - a. Instruction.
  - b. Special Education and Related Student Services.
  - c. Facilities.
  - d. Cleaning Supplies and Equipment.
  - e. Staffing.
  - f. Technology.
  - g. Transportation.

- 3. In order to return to school in a safe and healthy manner, the following items were purchased as a direct result of the COVID-19 Pandemic:
  - a. Cloth and disposable masks for staff and students.
  - b. Face shields.
  - c. Disposable gloves.
  - d. Touchless thermometers.
  - e. Hand-sanitizing stations and solutions.
  - f. Hand-washing stations and solutions.
  - g. Cleaning/Disinfecting equipment, supplies and materials.
  - h. Signage:
    - i. Names of teachers/rooms.
    - ii. Social Distancing.
    - iii. Hand-washing.
    - iv. Face coverings.
    - v. Traffic flow.

#### Use of Reserve Accounts, Transfers, and Cashflow

- 1. The UTSD is considering the use of Reserve Accounts, Transfers, and Cash flow to meet the unanticipated expenses associated with COVID-19.
- 2. Before ANY withdrawal is made, ALL proper approvals from the Commissioner and/or NJDOE will be received and memorialized.

# **Costs and Contracting**

1. The UTSD will explore all options for participating in the Federal E-Rate program and/or other cooperative contracts available from the State of New Jersey, NJSBA and various County programs.

# **Elementary and Secondary School Emergency Relief Fund**

- 1. To ease the financial burden on schools, the NJDOE has leveraged existing and pending federal and state legislation, regulations, and guidance to predict the potential impact on districts and provide targeted assistance. Resources that may be available to schools include:
  - a. The Federal "Coronavirus Aid, Relief, and Economic Security" (CARES) Act.
  - b. The Elementary and Secondary School Emergency Relief (ESSER) Fund.
  - c. The Federal Emergency Management Agency (FEMA).
- 2. The UTSD made an application to FEMA for potential, qualified financial reimbursements.

# **State School Aid**

1. The UTSD continues to lose State Aid that will ultimately reconfigure the District over the next three (3) years.

# **Policy**

1. Policy 1648.11 The Road Forward COVID-19: Health and Safety (page 23):

# **Continuity of Learning**

#### **Special Education and Related Services**

- **1.** To further assist our special education population, the following actions address how the District will continue to support their educational needs:
  - a. Necessary evaluations and levels of risk/needs will be prioritized during the pandemic.
  - b. In-person delivery of services will occur when possible.
  - c. Accommodations will be made for at-risk students not able to wear face coverings.
  - d. Plexiglass dividers may be utilized for the delivery of Speech/PT/OT.
  - e. Cleaning time for materials will occur OUTSIDE of instructional minutes.
  - f. All necessary PPE and signage will be available.
  - g. A better balance between instructional time and intervention will be scheduled and implemented.
  - h. When necessary, virtual benchmarks will be administered and evaluated.
  - j. Information on available community services (food banks, counseling, Perform Care, medical care, etc.) will be provided and accessible on the District website.

# **Digital Divide: Technology and Connectivity**

1. Regardless of option, ALL STUDENTS have access to a district-owned device/charger/bag to be used throughout the 2023-2024 school year:

- a. By way of survey, the District identified those families in need of connectivity and/or devices and accessories.
- b. The District will provide district-owned devices to ALL students.
- c. The District has partnered with Comcast to ensure that all internet and WIFI services will be operational for the entire 2023-2024 school year.
- d. To ensure that all devices and remote services remain operational for the entire 2023-2024 school year, teachers and District Technicians will monitor and troubleshoot issues on a daily basis.
- e. By way of survey, the District identified those families in need of connectivity and/or devices and accessories.

#### **Curriculum, Instruction, and Assessments**

- 1. Regardless of option, ALL STUDENTS will receive a robust, high-quality education that is based in equity, standards and research-based instruction that includes:
  - a. Plans for Full In-Person/Full Virtual (if necessary and permissible) Instruction.
  - b. Parent orientations/training.
  - c. Student orientations/training.
  - d. Equity in homework/assignments/grading.
  - e. Strategies for filling in the gaps due to COVID-19.
  - f. Social/Emotional learning.

# **Professional Learning**

- 1. The following measures will be put into effect and addressed during the 2023-2024 school year to promote the advancement of our teachers and their instructional practices:
  - a. Teachers will have options to select various professional development opportunities.
  - b. PLCs will be scheduled for Zooms (if necessary and permissible).
  - c. A regular calendar of meetings will be scheduled.
  - d. PD to support Physical/Emotional/Social health needs of staff and students will be scheduled.

# **Career and Technical Education (CTE)**

1. Opportunities for career and technical education will be maintained for students, staff and families.

Prevention (CDC) guidance, New Jersey statute, or administrative code requiring compliance by the school district.

# COVID-19 REFERENCE SHEET (BEGINNING 9/1/22)

#### **MASKS**

- 1. PARENTS/GUARDIANS determine whether or not their children wear masks.
- 2. Staff and students are NOT REQUIRED to wear masks in school/on school grounds.
- 3. Students are **NOT REQUIRED** to wear masks on buses.

# If TWO OR MORE SYMPTOMS are present, students should NOT attend school until symptoms have subsided (Pre-Covid Status)

- Chills.
- 2. Congestion/Runny Nose (not associated with known allergies/conditions).
- 3. Diarrhea.
- 4. Extreme Fatigue.
- 5. Headache (not associated with known allergies/conditions).
- 6. Multiple Body Aches.
- 7. Nausea/Vomiting.
- 8. Sore Throat.

# IF ONE OR MORE SYMPTOMS are present, students should NOT attend school until symptoms have subsided (Pre-Covid Status)

- 1. Fever of 100.4 or higher (24 hours fever-free).
- 2. Persistent Cough (not associated with known allergies/conditions).
- 3. Shortness of breath/Difficulty breathing.
- 4. New loss of taste or smell (COVID test strongly recommended).

#### **HAVE SYMPTOMS AT SCHOOL** (Regardless of Vaccination Status)

- 1. Isolate for 5 days beginning the day AFTER symptoms start:
  - a. If symptoms resolve or improve and fever-free for 24 hours, return to school on Day 6 (masks recommended for Days 6-10) (loss of taste or smell may last for weeks).
  - b. If fever or symptoms have not improved, continue to isolate until fever-free and symptoms improved.
  - c. If test and negative, return to school as soon as symptoms are no longer present and fever-free for 24 hours (loss of taste or smell may last for weeks).

#### NO SYMPTOMS and TEST POSITIVE (Regardless of Vaccination Status)

- 1. Isolate for 5 days beginning the day AFTER the day you tested:
  - a. If NO symptoms develop, return to school on Day 6 (masks recommended for Days 6-10) (loss of taste or smell may last for weeks).
  - b. If symptoms start within the 5 days of isolation, a new 5-day isolation period begins the day AFTER the day of symptoms.